

IS YOUR RELATIONSHIP UNHEALTHY AND UNEQUAL?



Are you with someone who:

1. Does all the talking?
 Yes No
2. Blames you and is critical?
 Yes No
3. Who pressures you into things you may not want to do?
 Yes No
4. Checks up on you all the time?
 Yes No
5. Is jealous and possessive?
 Yes No
6. Wants you all to themselves?
 Yes No
7. Puts you and your family down?
 Yes No
8. Scares you?
 Yes No
9. Say they can't live without you?
 Yes No
10. Makes you afraid of their reactions?
 Yes No

If you answered "YES" to any of these questions, you may want use the resources listed on the back.

**October is....
DOMESTIC VIOLENCE AWARENESS MONTH**

ABUSE IN RELATIONSHIPS IS: Intentionally or recklessly causing or attempting to cause bodily injury or placing a person in reasonable apprehension of imminent serious bodily injury to himself, herself, or another (California Penal Code Section 13700). Abuse can be verbal, physical, sexual, emotional, economic, social, psychological, or religious.

HEALTHY AND EQUAL RELATIONSHIPS ARE:



TO GET HELP contact Marin Abused Women's Services. We offer a hotline, shelter, support groups, legal aid, prevention programs, and much more.

Women's English Hotline (415) 924-6616

Women's Spanish Hotline (415) 924-3456

Men's Hotline (415) 924-1070

www.maws.org